

Christmas Party 2011 Reply Slip

We would love to come along to the Scottish Branch Christmas Party at SnoZone on 26th November 2011 at 11:45am.

NAME _____ DOB _____

Please provide a contact telephone number should the event organizer need to contact you on the day. _____

I give/do not give permission for images of my family to be recorded some of which may appear in Reach publications.

Signed: _____

Print: _____

Return by 15th October 2011.
16 Whinhill, Calderwood, East Kilbride. G74 3LJ



REACH SCOTTISH BRANCH NEWSLETTER



Beth hands over the proceeds of her Bake Sale

WELCOME

Welcome to the new and improved Scottish Branch Newsletter. The aim is to distribute two newsletters per annum, (autumn/winter and spring/summer) with all the details of upcoming events, news and info about branch life.

As there have been no previous newsletters this year, you can look forward to reading about what we have been up to and some of the exciting things we have planned for the future.

Diary

Reach AGM	21 st - 23 rd Oct 2011	Marriott Hotel, Edinburgh
Monster Bash	28 th Oct 2011	Woodend Barn, Banchory
Xmas Party	26 th Nov 2011	SnoZone, Glasgow
Spring Outing	6 th May 2012	Factory Skatepark, Dundee
Family Weekend	10 th - 12 th Aug 2012	Ardeonaig, Perthshire

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WWW.REACHSCOTTISHBRANCH.CO.UK

'It's Ability not Disability that Matters'

A company limited by guarantee.
 Registered in England
 Registration no. 07054164.
 Registered charity no 1134544

Spring Outing 2012 Reply Slip

We would love to come along to the Scottish Branch Spring Outing on Sunday 6th May 2012 at 11:45am

NAME _____ DOB _____

Please provide a contact telephone number should the event organizer need to contact you on the day. _____

I give/do not give permission for images of my family to be recorded some of which may appear in Reach publications.

Signed: _____

Print: _____

Return by 6th March 2012
55 Cortachy Cres, Northmuir Angus DD8 4TP

Please forward any interesting articles, photographs, news, announcements and achievements for inclusion in the next newsletter to reachscottishbranch@mail.com



Marriott Hotel, Edinburgh

Reach Annual Conference Weeekend

This year the Reach annual conference moves north of the border and will be held at the Edinburgh Marriott Hotel from the 21st to the 23rd October.

Booking: Please book early. You don't have to stay the whole weekend you are welcome to attend just on the main conference day but even if you are planning to attend just the Conference we need a booking form, this is to ensure we have adequate child care and refreshments available. If you have any concerns about being able to attend please give Sue Stokes a call in confidence.

Hotel Reservation: All rooms must be booked through Reach Head Office. It may be possible to extend your stay if you wish but this must also be done through Reach and preferential room rates cannot be guaranteed for the extension. A deposit will be required to secure your booking. The balance of all costs must be paid to Reach 6 weeks before the event.

Bed & Breakfast Accommodation Rates per night are as follows:

Double occupancy = £ 99 per room
Children sharing with adults – 0 - 16 = 'Reach' child free, others £5 per child. Single Occupancy = £ 85 per room.

Dinner Dance Saturday 22nd = £ 27.50 per person
The above prices include breakfasts for the duration of your stay, plus lunch on Saturday 22nd. Dinner dance tickets must be paid for in advance and all other costs charged to your room must be paid for on departure.

111 Glasgow Road, Edinburgh, Scotland EH12 8NF

Only 2 miles from Edinburgh Airport and 4 miles from the City Centre, Royal Mile and Princess Street (local bus service to city centre).

The hotel features recently refurbished lobby, Bedrooms, bar, restaurant and meeting rooms. Other features include the Source Grill restaurant, Chat's cafe Bar, swimming pool, whirlpool, sauna, solarium and gym.

The hotel is Located 5 minutes walk from The Gyle Shopping Mall with a direct bus link to Princes Street Shopping.

HOTEL INFORMATION

REACH ANNUAL CONFERENCE 21st - 23rd October 2011.

Please contact Michael Moran if you are available to help out at the Reach Annual conference



Branch News

Cameron (shown above) celebrated his 4th birthday in style earlier this year, by heading off to Disney Land Paris.

Welcome to all new members we hope you enjoy being part of the Scottish branch.

Michael Moran will be standing down as Trustee in October. If you would like to know what this role involves and would be interested in standing, Michael will be very happy to discuss everything entailed.

Thanks to Michael for all the hard work and dedication over the past few years.

Word Search

- Ability
- Adventure
- Ardeonaig
- Edinburgh
- Friends
- Fun
- Halloween
- Monster
- Party
- Reach
- Scotland
- Snozone

T	A	B	I	L	I	T	Y	X	F	M	P	T
Z	R	X	Y	G	P	A	R	T	Y	O	Q	E
R	D	O	Q	S	L	K	R	D	L	N	X	R
E	E	D	I	N	B	U	R	G	H	S	Z	U
A	O	W	G	O	J	G	W	F	Z	T	H	T
C	N	M	T	Z	H	V	M	U	X	E	V	N
H	A	L	L	O	W	E	E	N	V	R	G	E
L	I	J	R	N	H	R	J	M	G	X	F	V
H	G	W	V	E	S	C	O	T	L	A	N	D
T	Z	Y	F	R	I	E	N	D	S	F	P	A

Just for Fun

- Q. What did the grape do when it got stepped on?
- A. It let out a little wine!

- Q. What did the water say to the boat?
- A. Nothing, it just waved.

- Q. Why don't skeletons fight each other?
- A. They don't have the guts.

Could you do better? Send in some jokes or silly stories for the next newsletter. I would also love to receive any success stories, reasons to celebrate, birthday mentions, adverts, photo's etc that you would like to see in print.

REACH CONTACT DETAILS

Reach Charity Ltd

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E: reach@reach.org.uk W: www.reach.org.uk

Scottish Branch Coordinator

Stacy Roulston M:07902 311 018 E: reachscottishbranch@mail.com
W:reachscottishbranch.co.uk

Trustee

Michael Moran E: michael@reach.org.uk or michael.moran@sky.com



Everyone enjoying the Dance Workshop

ARDEONAIG 2011

The 2011 family weekend was held once again at the wonderful Ardeonaig Centre, by Killin in Perthshire. Lots of exciting activities were on offer once again including, canoeing, crate climbing, treasure quest and orienteering.

For the more adventurous there was also a rather death defying drive on arrival, just to test the nerves (and suspension) before embarking on any less daunting challenges, such as tackling the high ropes course or crate climbing! I have been assured by the centre that the road has been resurfaced and will be in much better state of repair next year.

We also had a fascinating talk and dance workshop from Andy McKechnie of Jammin Fitness. I am sure some of the parents enjoyed reliving the dance moves of the 70's and 80's a little too much and should leave the robotic dancing well alone.

On Sunday morning despite the unrelenting rain, teams of determined adventurers took part in the Douglas Panton Memorial Cup Team Challenge. The winning group with an impressive 1320 points was the Panton, Owen and Gullen families who made up Team Tay. Well done and congratulations to you all.



The winning team

Thank You

- ❖ Jaquie James Events
- ❖ Wow
- ❖ Angela Panton
- ❖ David and Christine McCall
- ❖ Beth Weir
- ❖ Mr Madden, and the staff and pupils of the American-British Academy Mediniant, Oman.
- ❖ Jammin Fitness

There are so many people who contribute in a huge variety of ways to the branch, not only by raising much needed funds, but also by dedicating their free time and expertise. I would like to thank you all for the invaluable help and support you provide.

DUE TO ALL THOSE WHO RAISE FUNDS FOR THE SCOTTISH BRANCH WE ARE ABLE TO HEAVILY SUBSIDISE OUR WIDE VARIETY OF EVENTS. THANK YOU.

The views expressed in this newsletter are not necessarily those of Reach and are not intended to reflect or constitute Reach policy or in any way portray an official view.



A Gruesome Twosome

Halloween Fancy Dress Monster Bash

Branch member Teresa Collie is helping to organise a Halloween fundraising event in Banchory, Aberdeenshire on Friday the 28th October 2011.

There will be live music by Loki (a band that plays anything and everything), prizes for the best costume, a raffle and an auction.

Proceeds are to be shared between Aberdeen Fertility Clinic, Multiple Sclerosis, and Reach Scottish Branch.

For more details contact Teresa at, tcollie@rwgroup.com

REACH ANNUAL CONFERENCE WEEKEND CONT.

Conference Program: Friday night will be an informal get to know you for all those arriving, meals will be available in the hotel restaurant. The program for Saturday's conference has yet to be decided. We will have an exhibition area and there will be crèche facilities on site for the younger children and workshops and/or entertainment for the older ones. On Saturday night there will be a Dinner Dance (£27.50/£30.00 pp) and also for those attending there will childcare for the children up to 21.30 when they will be welcome to join us.

Please contact Sue Stokes or Michael Moran for more information or details on how to book.

Family Weekend 2012

We will head back to the fantastic Ardeonaig Outdoor Activity Centre for a weekend of outdoor fun and adventure. This event is suitable for all the family and provides an opportunity for families to



meet others in a similar situation, share experiences, and take part in activities that will help the group bond and overcome any preconceived ideas about disability.

This event is booked for the weekend of the 10th to the 12th of August, 2012. A booking form and more information will be in the next newsletter.

Visit Reach Scottish Branch on Facebook

Registered charity number: 1134544

Patron: Laura Hamilton

Christmas Party 2011

The Christmas Party will be held at SnoZone @ Xscape, Kings Inch Road, Braehead, Renfrew, PA4 8XQ, on Saturday 26th November from 11:45 – 14:30. There will be 45 minutes on the slopes followed by lunch and lots of festive fun and games.

For health and safety reasons under 4's are not allowed on the slopes but are welcome join in the fun at the party afterwards. This event will be fully subsidised by the branch.

Please arrive half an hour early to allow time to change. You will need plenty of warm waterproof clothing, boots and gloves. A change of clothing and towel would also be beneficial. Ski wear can be hired at the venue and gloves can be purchased from the rental desk/retail outlets.

Places will fill up fast for this popular event.



Enjoying the Party Games

To confirm your place please return the enclosed reply slip or email all relevant details to Michael by 15th Oct 2011.



SCOTTISH DISABILITY SPORT

SDS contacted the branch to promote the training opportunities available for young people with a disability in Scotland.

SDS is the Scottish governing and co-coordinating body of all sports for people of all ages and abilities with a physical, sensory or learning disability. SDS has the vision of leading the development of sport and physical recreation for disabled people in Scotland. SDS lists its major partners as sportscotland, Scotland's Governing Bodies of Sport and Local Authorities plus Voluntary Organisations concerned with disability.

SDS has 16 branches covering most of Scotland, reaching from the Highland area in the north to the Scottish Borders and Dumfries and Galloway in the south. There are many training/activity days in various locations throughout the year.

For more information visit, www.scottishdisabilitysport.com

SnoZone 2010

The Christmas Party was originally planned for December, but due to the adverse weather conditions it was decided to rearrange it for January instead. Better late than never! We had a brilliant time on the slopes tobogganing, followed by some great food, party games, singing and dancing that got everyone involved and managed to revive the Christmas spirit.

As Christmas was over and Santa was having a well deserved rest, we were lucky enough to have a visit by one of Santa's top helpers, a wise old elf that was able to give out presents to all the Reach members who, once again had made it onto the good list.

A fantastic time was had by all; Look out for more photos on the Scottish branch website.

Facebook

We are now on Face book! Thanks very much to Karen Cloney for her help in setting this up and for continually maintaining the website for free. To become a member of the Reach Scottish Branch group visit www.reachscottishbranch.co.uk and follow the link.

FOR INFORMATION ON THE BENEFITS OF BECOMING A REACH MEMBER
VISIT WWW.REACH.ORG.UK

Spring Outing 2012

On Sunday 6th May 2012 at 12pm Reach Scottish branch members will have the chance to take to the ramps for a totally awesome day out at The Factory Skatepark, 15 Balunie Drive, Dundee, DD4 8PS. There will be a 2 hour session using either inline skates or skateboards, followed by a bouncy castle, sumo suits and lunch for all the kids. Safety equipment, boards etc will be provided. Food will also be included for all adults attending.

Please arrive fifteen minutes early to allow equipment to be issued.

To book your place please fill in and return the enclosed reply slip (post or email) by no later than 6th March 2012

For more info on the venue go to www.factoryskatepark.com

"It's Ability, not Disability that Matters."

To help us promote Reach and spread the word, why not leave a copy of this newsletter at your limb fitting centre, O/T department or local health centre