

November
2008



REACH SCOTTISH BRANCH

Registered charity no.278679
Patron: Laura Hamilton

Special Interest Articles:

- Fund Raising
Ceilidh night
14th of March
- Rea
- Lau

Contents:

| | |
|---------------------------------|---|
| Liam's Story | 2 |
| Reach Members | 2 |
| Ceilidh Night | 3 |
| Family Weekend 2009 | 3 |
| Next Event | 4 |
| Thank You | 4 |
| Kids Corner | 4 |
| Christmas Part response form | 5 |
| Contacting Reach | 6 |

Welcome to Reach Scottish Branch

Since the last newsletter there have been no new members to the Scottish Branch.

However we would like to wish Beth and her Mom, Jane and Dad, David all our best wishes as they emigrate to Saudi Arabia this month. We hope to see you at the next family weekend, and we will

keep you updated with what ever the Scottish Branch is up to by email.

Stacy, Ciara, Niamh and I would like to take this opportunity to wish you all a very Merry Christmas and a Happy New year. I hope to see some of you at the Christmas party. (details of which can be

found in the section below).



Beth on CBeebies

Christmas Party 2008

This year's Christmas party is at Snozone in Braehead on the 6th December 2008. The fun starts at 11.45am where we will meet under the 'party meeting sign' next to the rental desk. We will have time to change into warm clothes.

The tobogganing will start at 12.15pm and end at 1.00pm followed at 1.10pm by a Christmas party in the Party Room. We hope that Santa will be able to make an appearance again this year before

the party finishes at 2.45pm.



Lunch will be provided consisting of burgers, chicken nuggets, pizza and chips. With a choice of Slush puppy or Ice Cream. Each child will also receive a fantastic Goody Bag.

Tea, coffee and sandwiches will be served for adults.

If you are interested in attending this event please fill out the attached form at the back of this newsletter.

To assist Karen and Michael organising this event can you reply as soon as possible, (no later than 15th of Nov).

Thank you to Michael and Karen Moran for organizing this event and I hope to meet you all there. This event is free to all Scottish Branch members.

Liam's Story



Well Done Liam and keep up the good work

Laura Hamilton



Liam is a 7 year old Reach Scottish Branch member. He started Tae Kwon Doh at the start of May this year. He started in the rainbows section which is the group for his age; however after 4 lessons Mr Condie (the club manager) decided that he had a natural ability so he wanted to move him up a section to encourage his enthusiasm.

He attended his first grading in June and passed this at junior level so got his yellow tag. Liam attended the interclub competition in which Mr Condie's 4 clubs were competing in August. He was against children of similar belts (white, yellow tag and yellow), weight and height (around 12 children, most of who had come through

rainbow gradings prior to attending junior level). In the patterns section he completed the Chon Gi (a 19 move pattern) where he won the silver medal, in sparring he again won silver and in the special moves, where he had to do a flying high kick he came 4th so no medal was achieved there. We were all delighted with his achievements at his first competition having only taken up the sport 4 months ago. Last night he attended his second grading where he is hoping to gain his yellow belt. Tae Kwon Do is a martial art which focuses on both sides of the body. We feel this sport is particularly good for this reason as you are encouraged to use both arms and legs on both sides to ensure equal

strength, balance and agility. You are also required to study the Korean language and this is tested at grading's alongside the physical requirements. Liam enjoys attending his weekly lessons, particularly the sparring, let's hope he continues to enjoy it and that he was successful in his grading last night.

Liam got his yellow belt and is now working towards his green tag.

This story was submitted by a very proud Liam's mum.

Reach Members

A lot of the REACH members are currently involved in my different clubs and organizations. If you would like to share with other members your achievements or tell others about your interests please get in touch. I know we have a lot of Ballerinas, out

there. Also there is a young lad who regularly attending swimming training sessions in Sheffield. Also a couple of keen golfers and I know of one girl who is a fantastic at horse riding. Not to mention Liam and his Tae Kwon Doh. So let's hear some other member's stories.



Ceilidh Night

Reach Scottish Branch has organised a Ceilidh disco in order to raise funds for the Scottish Branch.

It will be held at The Park Hotel, Rugby Park, and Kilmarnock on the 14th of March 2009. Ticket cost will be £10 per person and will include disco and buffet.

There will be various games and raffles on the night. It will be a good opportunity for members, families and friends to meet up and let their hair down. I

know some of you will be excited to hear that I will be dancing (or something very similar to dancing).

Room rates for the Park Hotel are £85 per double room; however there are Travel Lodge and Premier Inn hotels close by for those intending to stay overnight. Any profit made on the night will go towards paying for REACH Scottish branch events, such as the family weekend, counselling courses or other activities.

The Scottish Branch started with £300 donated from Head Office. Since then the Scottish Branch has been completely self sufficient in raising its own funds to cover Branch cost. Money is raised by members, their friends and family.

Many people request that the money they donate remains within Scotland, although we have a maximum amount a branch can hold £1000 we do try to ensure this happens.



REACH fundraising
Ceilidh night 14th
March

Family Weekend 2009

Always popular and always fun, the Scottish Branch family weekend once again takes place at the Abernethy Trust estate at Ardeonaig.

There will be all the usual fun activities, such as kayaking, raft building, ropes adventure course...

The 2008 family weekend was fully booked and so I looked into other possible venues for 2009 as the popularity of this activity continues to grow.

However no other company could match or better the prices offered by Ardeonaig. Also most organisations have age restrictions, either 8 years old and above and in some cases 12 years and above. Those of

you have attended previous family weekend will appreciate the wide age groups that attend from toddlers up to teenagers. Therefore I have booked Abernethy Trust Ardeonaig again this year.

I have also spoken to the centre and they have informed me that there is a possibility of using another company's accommodation for the duration of our visit.

This is an enjoyable weekend for the whole family, regardless of age and ideal opportunity to get to know other members.

Book early as places always go fast!!!! For

more information contact Carl by email on carlroulston@loveable.com or by text/phone 0793 443 7371

To secure a place for your family a non refundable £50 deposit will be required in the first instance. The final balance of £40 must be paid in full by the 01st of May 2009,

This event is heavily subsidised by the Scottish Branch. We have in the past had to pay in full for families who failed to turn up. This is unfair to those who have been told that there are no places available and takes a large chunk from the much needed branch funds.

Anyone who wants to attend but has difficulty with travel or with the cost Reach Scottish Branch can assist.

Next Event and next Newsletter

If you have any suggestions for an event you think would be useful for the Scottish Branch to arrange, or if you would like to organise an event yourself and would like assistance from the Scottish Branch please get in touch.

So far next year we have only planned the Ceilidh night, the

Family weekend and there will be a Christmas party. Therefore if you want to organise an event the Scottish Branch will assist you as much as possible.

Also if you would like to submit an article that you think other branch members would be interested, please feel free to get in touch.



“Thank to all those who have and continue to support REACH.



Thank You

This section is to thank all those who have assisted the Scottish Branch of REACH recently.

- Craig Moran who raised £80 by running the junior Fresh N’Lo 3km.
- Glasgow Rotary club for donating £100 to Craig’s nominated charity as he

wore the best fancy dress while running. (Batman)

- Linda Kydd for kindly hosting a jewellery party in aid of REACH.
- Michael and Karen Moran for kindly arranging the Reach Scottish Branch Christmas party

- To Fresh Jet catering for the donation from a collection tin.
- For the reception staff at Dundee airport for the donation from a collection tin

Kids Corner

Q: What do you call a woman with a sinking ship on her head?
A: Mandy Lifeboats!

Q: What do you call a lion with toothache?
A: Rory!

Q: What do you call a man with a big truck on his head?
A: Laurie!

Q: What kind of illness does Bruce Lee get?
A: Kung Flu!

Q: What do you call a man who doesn’t sink?
A: Bob!

Q: What do you call the bad lion tamer?
A: Claude Bottom

Q: Why did the pony cough?
A: He was a little hoarse!

Q: What do you call the pub on Mars?
A: A Mars Bar!

Q: What do you get if Batman and Robin get smashed by a steam roller?
A: Flatman and ribbon.

Q: When is a car not a car?
A: When it turns into a garage.

Q: What do you do when your chair breaks?
A: Call a Chairman.

Q: What kind of car does Luke Skywalker drive?
A: a Toy-yoda.

Q: Why did the boy blush when he opened the fridge?
A: He saw the salad dressing!

Q: Did you hear about the man who was tap dancing?
A: He broke his ankle when he fell into the sink.

Q: What lies at the bottom of the ocean and twitches?
A: A nervous wreck.

Riddle

Q: If a plane crashed on the border of England and Scotland, where would they bury the survivors?

A: you don't bury survivors

REACH - Scottish Branch



The Association for Children with Hand or Arm Deficiency

This year's Christmas party is at Snozone in Braehead on the 6th December 2008. The fun starts at 11.45am where we will meet under the 'party meeting sign' next to the rental desk. We will have time to change into warm clothes.

Please remember to bring these items when participating in any snow related activities, for health and safety reasons if you do not bring suitable clothing you won't be allowed to participate in snow related activities.

Essential

- Warm water proof clothing.
- Gloves (where appropriate).
- Good, sturdy footwear, boots, wellies, etc.

Recommended

- Towel.
- Change of clothes.
- Extra pair of socks and footwear.

The tobogganing will start at 12.15pm and end at 1.00pm followed at 1.10pm by a Christmas party in the Party Room (Pinnacle at back of SNO! bar). We hope that Santa will be able to make an appearance again this year before the party finishes at 2.45pm.

Food and drinks will be provided consisting of:

- Hot food platter consisting of a selection of bite size burgers, chicken nuggets, pizza and chips.
- Choice of Slush puppy or Ice Cream afterwards and Goody Bag for each child.
- Tea, coffee and sandwiches served for adults.

Please contact Michael and Karen to book your place as the Snozone require the numbers of those attending the event by the 20th November. You can contact Michael and Karen by e-mail at _____ or telephone on _____. For those of you who prefer snail mail please complete the slip below and post to:

Michael Moran,

Name of Family _____

Number of adults taking part in the tobogganing _____

Number of additional adults attending (not tobogganing) _____

Names of children attending

Age



SCOTTISH BRANCH

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We're on the Web!

See us at:

www.reachscottishbranch.co.uk



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Well done to
Louise Watkin and
Claire Cashmore
on their medals

About Our Organisation...

Reach was formed in 1978 by parents of children who were missing part of their arm or a hand, in order to lobby for the provision of a new artificial arm under the NHS.

Since then Reach has grown to become a national organisation providing support and advice for children with hand or arm deficiencies, and their parents.

Reach offers:

- local branches which provide support and an opportunity for children and parents to meet
- national office providing advice and support
- quarterly newsletter 'Within Reach'
- insurance cover for the child's 'good' arm (covers UK residents from age 2 as long as they are Reach members)
- hire scheme for one-handed recorders

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| Title | All available from Head Office |
| Reach - an introduction | Medicines in Pregnancy |
| Guide to Artificial Arms by Mark Broomfield | Reach Annual Report 2006/07 |
| The Child with an Artificial Arm - Guidelines for Teachers | Reach Annual Report 2005/06 |
| New Reach DVD | Recommended Standards of Care |
| Pollicisation - clinical notes | AMRS Document December 1997 |
| Poland Syndrome: a short description | BRMS Document October 2003 |
| Reach Guides | |
| Reach Guide to Driving | Starting School a useful article |
| Reach Guide to Computers | |
| Reach Guide to Cycling | |